

Bands, Balls & Balance

1st & 2nd August 2009

Dewan Kuliah 1, UKM Medical Centre

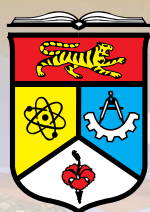
COURSE DESCRIPTION

"Bands, Balls and Balance" is an evidence-based practical workshop that provides clinically relevant therapeutic exercise progressions. Using inexpensive and readily available equipment, this workshop will help improve clinical decision-making and problem solving skills for therapists at all levels. This intensive workshop includes lecture and hands-on lab activities using elastic resistance, exercise balls, and balance training devices. Participants will learn the scientific basis for impairment-based exercise progressions including state of the art EMG analysis and proper patient positioning for appropriately dosed exercise prescription. Participants will improve their clinical decision making and take away immediate clinical applications based on the latest research from around the world.

INVITED SPEAKER

Dr. Clare Frank,
DPT, MS, OCS, FAAOMPT ORTHOPAEDIC CLINICAL SPEACIALIST,
CLINICAL FACULTY- Kaiser Permanente Movement Science Fellowship,
Los Angeles, California USA.

ORGANISED BY:



PHYSIOTHERAPY UNIT,
MEDICAL REHABILITATION SERVICES DEPARTMENT,
UKM MEDICAL CENTRE

CO-ORGANIZER:



REGISTRATION

Fees: Local Participant = RM800
International Participants = USD300
Registration after 15th June 2009 = RM1000

Mode of payment: Cash, Cheque, Bank Transfer, PO or Credit Card
Closing Date 30/06/2009

Tel: 03-91735308 Fax: 03-91730476 Email: ukmches@gmail.com
Please download the registration form at www.ukmk.com

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